

*Messages of Hope* in **January 2025**

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| **5th January** | **New Beginnings** | **(Discussion)** |
| How do you feel about new beginnings? Hear Richard, Clare and Tania share their experiences of changing jobs, a medical diagnosis, moving to a new country and managing expectations through change.  |
| **12th January** | **Worth Fighting For** | **(Interview)** |
| Have you ever felt unloved and not worth fighting for? Sophie shares how she has learnt to rise above the hurts and discovered there’s more than one kind of family. |
| **19th January** | **A Farmer’s Life** | **(Interview)** |
| Many farmers around Australia experience tough times. Richard talks with Tim, a farmer from the Mallee of South Australia, and how he finds hope to keep going when times are tough. |
| **26th January** | **Comfort for Tragedy** | **(Interview)** |
| What do you do when you receive a phone call that there is a bushfire in your area? Richard shares how bushfires affected his family and the community he grew up in. |

**Lutheran Media celebrates 80years!**

In 2025, Lutheran Media celebrates 80 years of broadcasting in Australia. To commemorate this significant milestone, we will be hosting key events throughout the year. In March, look for your copy of the history book ’80 years of blessings: Lutheran media ministry in Australia and New Zealand’.

To keep up to date with all the latest programs and resources, go to [www.lutheranmedia.org.au](http://www.lutheranmedia.org.au) .



**Prayer Requests**

* **For hope in new beginnings as we start a new year.**
* **For people looking for hope in changing circumstances.**
* **For those struggling through difficult times.**

Booklets in **January**

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| [www.messagesofhope.org.au/setting-priorities-booklet-2/](http://www.messagesofhope.org.au/setting-priorities-booklet-2/)  |  [www.messagesofhope.org.au/talking-openly-with-kids-booklet/](http://www.messagesofhope.org.au/talking-openly-with-kids-booklet/)   |

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|  [www.messagesofhope.org.au/comebacks/](http://www.messagesofhope.org.au/comebacks/)  |  [www.messagesofhope.org.au/wheres-god-in-all-of-this-booklet/](http://www.messagesofhope.org.au/wheres-god-in-all-of-this-booklet/)   |

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